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QUICstep: Circumventing QUIC-based Censorship

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Abstract

Governments around the world limit free and open communication on the Internet through censorship. To reliably identify and block access to certain web domains, censors inspect the plaintext TLS SNI field sent in TLS handshakes. With QUIC rapidly displacing TCP as the dominant transport-layer protocol on the web, censorship regimes have already begun prosecuting network traffic delivered over OUIC. With QUIC censorship poised to expand, censorship circumvention tools must similarly adapt. We present QUICstep, a censorship-resilient, application-agnostic, performant, and easy-to-implement approach to censorship circumvention in the QUIC era. QUICstep circumvents TLS SNI censorship by conducting a QUIC-TLS handshake over an encrypted tunnel to hide the SNI field from censors and performs connection migration to resume the QUIC session in plain sight of the censor. Our evaluation finds that QUICstep successfully establishes QUIC sessions in the presence of a proof-of-concept censor with minimal latency overhead.

1 Introduction

Internet censors implement a variety of techniques to selectively identify connections to censored websites using deep packet inspection (DPI) middleboxes [1]. Today, one widely used technique is to inspect the server name indication (SNI) or other fields present in TLS handshakes [2]. Censorship circumvention tools have been proposed to enable access to censored websites even in the presence of blocking. However, tools such as Tor and VPNs can be relatively high-latency and low-bandwidth when compared to native network connections. In addition to performance considerations, operating networks as part of VPN deployments can be expensive.

Most past advances in censorship circumvention have focused on TCP-based protocols or fooling TCP session state management on middleboxes [3–15]. However, the Internet is rapidly moving towards next-generation transport protocols like QUIC. The next generation of web protocols, HTTP/3, is built on top of QUIC. Already, QUIC is supported in many major browsers, and 25% of the top 10 million websites already support HTTP/3 [16–19]. In early 2022 one firm reported up to 16% of Internet traffic in North America was over QUIC, and 30% of traffic in Europe, the Middle East, and Africa [20]. These numbers are growing, and as this shift occurs, censors will soon adopt new methods to manage QUIC traffic, and circumvention methods must also adjust to the new landscape.

We propose and evaluate QUICstep, a censorship circumvention technique that circumvents network censorship leveraging the connection migration capability of QUIC, which is designed for seamless mobility to allow the client's IP address to change within the life of a connection. Leveraging connection migration, QUICstep conducts a QUIC-TLS handshake over an encrypted tunnel and seamlessly migrates the session to the default, direct network path upon completion of the handshake. The encrypted tunnel hides any plaintext handshake fields from the censor, allowing a client to establish a QUIC session with a censored server, and the default network path offers low latency. QUICstep introduces minimal overhead by performing only one connection migration and minimizing the number of packets sent over a higher latency encrypted tunnel.

We evaluate QUICstep against a proof-of-concept censor we developed and demonstrate that QUICstep allows a client to establish a QUIC session with a server in the presence of censorship. We also evaluate the performance of a QUICstep connection by comparing its latency to that of a censorshipvulnerable native connection and a fully-proxied connection. We show that there is minimal additional latency using our approach when compared to a native connection, and significant performance advantages when compared to a fully-proxied connection. Finally, in our discussion, we provide suggestions for future work that will enable widespread deployment of QUICstep as the Internet moves towards QUIC.

2 Background and Related Work

We provide an overview of QUIC, including a summary of connection migration, QUIC-TLS handshakes, QUIC censorship, and usage of QUIC in building privacy enhancing tools. Censorship and censorship circumvention are areas that are composed of social, economic, and technical elements - we focus on the technical aspects of censorship. We also summarize recent related work leading up to the problem we address in this paper.

2.1 QUIC

QUIC is a transport layer protocol based on UDP and supports multiplexing of application-layer data streams [21]. QUIC was developed to improve the performance of web applications compared to TCP and forms the basis of HTTP/3. QUIC is being rapidly adopted and major large services and CDNs are spearheading its deployment. The meteoric rise of QUIC is likely to continue as HTTP/3 has been standardized as an RFC [22].

Connection migration. OUIC connections can be migrated across networks as they are no longer tied to the TCP 4-tuple; rather, QUIC connections utilize a set of connection identifiers for servers to uniquely identify clients. The decoupling of QUIC connections from IP addresses and ports allows connections to be maintained even as clients move between different networks, which is known as *connection migration*. When a client detects a network change, the client performs a roundtrip path validation to ensure that the server is still reachable before resuming the connection. Connection migration can only occur after a connection has been fully established between a client and server in a QUIC-TLS handshake. QUIC's connection migration enables massive performance improvements for mobile users, as it persists connections even when clients move across networks. Our paper makes a novel use of this feature originally designed for mobile performance, in the context of censorship circumvention.

QUIC-TLS handshake. QUIC is designed as a secure-bydefault protocol that mandates encryption of data in transit. To achieve this, QUIC is integrated with TLS to provide transport layer security. Compared to traditional TLS over TCP, QUIC-TLS has several security enhancements by rolling together the QUIC and TLS handshake, in addition to the performance gain inherent to eliminating a round-trip during the handshake. Notably, QUIC-TLS also encrypts the initial packets exchanged during a handshake. In fact in Turkey, after the blocking of a social media website when users criticized the government handling of the 2023 Turkey-Syria earthquake fallout, the site developers reported that users could circumvent SNI-based censorship by forcing QUIC on the domain [23].

However, the initial encryption does not offer strong confidentiality assurances since the keys used to encrypt the initial packets are accessible to anyone observing the connection. Eavesdroppers can extract these keys and decrypt the handshake packets to scrutinize the contents of the packets. While this process requires additional effort by network censors, network-level adversaries can still scrutinize QUIC-TLS handshake packets and impose censorship based on the TLS SNI field, thereby making HTTP/3 connections vulnerable to censorship.

QUIC-based censorship. QUIC is not yet universally deployed, but studies have measured and found censorship, incidental or otherwise, of QUIC and HTTP/3 traffic in countries like China, India, and Iran [24]. More recently, evidence of QUIC censorship has been recorded in Russia, China, India, and Uganda - in particular, Russian ISPs may be deploying deep packet inspection with SNI blacklists [25].

QUIC and other privacy use cases. Other work has explored the usage of QUIC properties in building privacyenhancing technologies. MIMIQ utilizes QUIC's connection migration to obscure IP addresses from network observers [26]. CoMPS utilizes this property to split encrypted traffic across various network paths as a web fingerprinting defense [27]. TurboTunnel proposes incorporating transportlayer protocols like QUIC to build session and reliability guarantees into censorship circumvention systems [28].

2.2 Censorship circumvention

Many approaches proposed to circumvent network censorship involve various forms of encrypted tunneling, including use of Tor or VPN. In the face of overzealous IP blocking, active probing, and other techniques to prevent connections to VPNs or Tor nodes, researchers at Tor and elsewhere have developed various pluggable transports to obfuscate circumvention traffic, including obfs4, meek, and Snowflake [11, 13, 29]. Other reliable circumvention techniques rely on hiding or otherwise obfuscating the server name from the TLS handshake, including domain fronting and domain hiding [14]. Some CDN providers no longer support connections with mismatching SNI and HTTP hostnames, or connections with both SNI and ESNI fields [30, 31].

TLS session resumption. TLS session resumption has been used as a way to circumvent SNI censorship. Introduced in TLS 1.2, session resumption reduces the need for clients to conduct handshakes for each TLS connection. When a TLS session is first established, the server sends a unique ticket to the client which can be used by the client to resume a TLS session with the server. MultiFlow and REDACT propose using session resumption to enable decoy routing [32, 33]. More recently, BlindTLS proposes establishing a connection to a censored domain through a VPN proxy and resuming the session in plain sight of the censor using TLS session resumption [34]. However, this approach focuses on session resumption in TLS 1.2, and it is not yet clear whether BlindTLS is compatible with session resumption in TLS 1.3. In contrast



Figure 1: This figure demonstrates our adversary model and how QUICstep can be leveraged to circumvent censorship. (a) demonstrates an adversary censor capable of monitoring client traffic, blocking or disrupting traffic based on plaintext sensitive fields that may be present within HTTP requests. (b) illustrates the architecture of QUICstep under this adversary model. Finally, (c) demonstrates at a high level the full set of network requests performed by QUICstep.

with BlindTLS, our approach is compatible with TLS 1.3 and is designed to be independent of TLS version. Moreover, SNI censorship circumvention literature has focused on the traditional TCP setting, and the web's transition to QUIC opens up new research areas. Our work is the first to thoroughly investigate how we can leverage QUIC connection migration to circumvent SNI censorship.

CoMPS. Finally, a QUICstep-like architecture was briefly mentioned by Wang et. al as a potential downstream use case for CoMPS, a connection-migration traffic splitting framework. The main purpose of CoMPS was to improve robustness against website fingerprinting, so it was not evaluated for deployment feasibility or performance for the censorship circumvention use case [27]. In this paper, we implement and evaluate the proof-of-concept, and discuss practical deployment challenges that may arise for circumvention developers.

3 Design and implementation

In this section, we describe the design of QUICstep. Our primary design goals are to circumvent SNI censorship while minimizing overall latency overhead. Additionally, our design aims to minimize modifications to client-side software and avoid requiring modifications to server-side software. Moreover, our design aims to maximize flexibility and compatibility by being agnostic to underlying client technologies and protocols, including but not limited to TLS version, encrypted tunnel, operating system, and browser. Our contribution is an easy-to-implement, performant proof-of-concept censorship circumvention tool whose only underlying technical requirement is client and server support for QUIC connection migration.

3.1 Threat model

A client in a censored network seeks to access a censored domain, which is hosted outside the censored network, through HTTP/3.The censor uses DPI techniques such as DNS and SNI filtering to identify and prevent such access. Specifically, the censor has the capability to decrypt QUIC-TLS initial packets and reveal the TLS SNI field. We assume that the client already has access to some encrypted tunnel (e.g. VPNs, Tor) outside of the censored network, and that this tunnel is not blocked by the censor. We assume that the censor is unable to break the security guarantees of QUIC or encrypted tunnels, and the censor will not attack the availability of certain classes of web traffic as part of censorship (e.g. blocking all QUIC traffic). While a censor could choose to do so, this would incur additional undesirable social and economic costs as this would likely affect non-censored web traffic. Figure 1a illustrates a censored network that is a representation of our threat model.

3.2 System design

The design of QUICstep seeks to achieve the following goals:

- Censorship-resilience. The censor is not able to learn the censored domain the client is visiting by inspecting or analyzing the network traffic produced by our approach.
- Application-agnostic. Our approach shall be compatible with the vast technological environments that clients and servers may be running in, e.g., requiring no modifications to client applications, upper-layer protocols, operating systems, and browsers.
- Low performance overhead. Our approach shall introduce minimal performance overhead compared to existing censorship circumvention techniques.

Driven by these goals, we present QUICstep. Figure 1b describes QUICstep at a high level. The following are features of QUICstep, each presented in the context of the above design goals.

Hide handshakes using encrypted network paths. In QUICstep, the client maintains two distinct network paths to the QUIC server that hosts the censored domain: a low-latency, non-encrypted (direct) path, and a high-latency encrypted tunnel. ¹ To circumvent QUIC-TLS SNI censorship, the client conducts a QUIC-TLS handshake with a QUIC server over the encrypted tunnel, hiding the TLS SNI value (and DNS requests) from the censor. Assuming that the censor is not able to violate the confidentiality guarantees of the encrypted tunnel, QUICstep elides censorship based on sensitive values like DNS hostname or TLS SNI.

Improve performance by switching to unencrypted network paths. After the completion of the QUIC-TLS handshake, a QUIC session is established between the server and the client. The client then immediately migrates the connection to the unencrypted network path to continue the communication with the server. The rest of the packets will be sent over a *native* QUIC connection with no extra tunnels, which minimizes the latency of QUICstep.

Seamless path switching via connection migration. The connection migration feature of QUIC ensures that path switching between the unencrypted and encrypted paths only introduces one RTT of latency (i.e., path validation), and will not disrupt the ongoing session between the client and the server.

In comparison to a native QUIC connection, QUICstep incurs some additional latency due to conducting the handshake over the encryption tunnel and path validation during path switching. However, we expect that this latency overhead will be amortized since most of the time the client communicates directly with the server over a native connection. We also expect that QUICstep will be more performant than other tunnel-based censorship circumvention approaches such as Tor and VPNs.

Flexibility in a mixed TCP-QUIC world. Although the adoption of QUIC-based protocols continues to grow, security and protocol upgrades can take a long time to percolate throughout the entire Internet. We may expect that most web connections will be driven by a mixed combination of TCP and QUIC connections in the long-term, with web services slowly porting over to QUIC for the protocol upgrade and performance gain. QUICstep in practice also works well for this mixed-protocol world.

QUICstep imposes no restrictions to upper-layer protocols or client applications being used, and does not necessitate any changes apart from requiring that the client and server employ QUIC implementations that enable connection migration. We will demonstrate soon that QUICstep can be easily instantiated, with only four iptables rules and shell scripts.



Figure 2: Diagram of setup for feasibility and performance evaluation. Though QUICstep works in theory with any encrypted tunnel, for our proof-of-concept we implement QUICstep using a Wireguard tunnel. We selectively send certain types of traffic (DNS traffic, handshake traffic) over the Wireguard tunnel and the rest over the native network.

3.3 Implementation

During a QUIC-TLS handshake, a client will first make a DNS query to a censored domain. Since DNS hostnames are sensitive and often in plaintext, we add routing rules using ip rule to route DNS queries over the encrypted tunnel to circumvent DNS censorship. We then route QUIC-TLS handshake packets through the encrypted tunnel to circumvent TLS-SNI censorship. To do this, we perform a firewall match for the transport layer protocols associated with QUIC and the headers present in a QUIC-TLS handshake using iptables. We believe this implementation to be robust given that DNS and QUIC traffic adhere to their specifications. After the handshake, since both sides start sending packets that are non-handshake packets, the remainder are not matched by the firewall and are instead routed over the native network. This induces connection migration process from either peer who recognizes the network change, causing a round-trip path validation. To easily spin up an encrypted tunnel along with these routing and firewall rules, we chose Wireguard as our VPN provider due to its ease and control over configuring network interfaces.

Figure 1c illustrates the implementation of QUICstep. The code for this proof-of-concept implementation, and for our evaluations, is made available at https://github.com/ inspire-group/quicstep.

4 Evaluation

We evaluate our proof-of-concept QUICstep implementation. We first evaluate QUICstep in its ability to circumvent a proofof-concept censor that blocks QUIC-TLS handshake packets. We then evaluate the performance and show that the latency overhead of QUICstep (generally, the cost of one network round-trip for connection validation purposes) is amortized over the whole connection.

¹By"non-encrypted" we mean no extra encryption layer beyond what is already provided by the application protocols themselves.

Setup. The QUIC client is running on an Ubuntu 20.04 virtual machine located in the Greater New York area. The QUIC web server is located on an AWS EC2 instance in the Virginia region. The web server serves a randomly generated 1MB or 10MB file. We use Chromium QUICHE to implement the client and server due to its support for connection migration [35]. We choose WireGuard as the encrypted tunnel. A WireGuard server is running in AWS EC2 at varied locations. The client's virtual machine has two physical network interfaces: one routes traffic on the direct unencrypted path via native QUIC, and one routes traffic via the WireGuard tunnel. We show the evaluation setup in Figure 2.

4.1 Feasibility evaluation against a proof-ofconcept QUIC censor

We evaluate the ability of QUICstep to circumvent a censor who attempts to block client access to censored domains based on handshake packets. Ideally, we would evaluate QUICstep on vantage points located in networks using real deployed DPI middleboxes conducting SNI-based censorship of QUIC traffic. In the recent past, the most concrete observation of QUIC-SNI censorship has been in Russia where ISPs likely have the ability to decrypt QUIC handshake packets and match the SNI field to a blacklist [25]. However, in the time since the recent armed conflict between Ukraine and Russia, these original vantage points are no longer accessible, and it is currently difficult to ethically conduct censorship testing in Russia with the present geopolitical situation. Due to these difficulties, we implemented our own proof-of-concept (PoC), real-time QUIC censor for the purposes of testing the censorship resilience of QUICstep. We leave a more comprehensive QUIC censor implementation or an evaluation of QUICstep within real censored vantage points for future work.

The PoC censor attempts to block all QUIC connections. Any connection that includes a QUIC handshake will be dropped by the PoC censor. We argue that if QUICstep is able to circumvent a coarse-grained censor, then it will be able to circumvent a finer-grained censor that performs SNI filtering on QUIC traffic. We implemented this censor in the form of a local proxy. It has an additional firewall rule that matches and drops all QUIC handshake packets while forwarding other network traffic as usual. The client's traffic is directed through this proxy before leaving the testbed network.

Our tests showed that the client failed to establish a QUIC session with the web server using native QUIC connections, while QUICstep succeeded. Our solution, QUICstep, uses an encrypted tunnel to conceal the fact that a client is attempting to initiate a connection to a censored domain, providing reliable resistance against SNI censorship.

4.2 Performance evaluation

Our goal in the performance evaluation is to demonstrate that the overhead of a single connection migration is then amortized over the entire connection. We compare the latency of HTTP/3 GET requests when using a low-latency, censorshipvulnerable link (native QUIC), a high-latency, secure tunnel (WireGuard), and QUICstep to examine the additional latency incurred by our design.

We measure the latency of 250 HTTP/3 GET requests to fetch the 1 MB or 10 MB files, and calculate the cumulative distribution function (CDF) of the latency for each network connection. We also varied the location of the Wireguard proxy (Ohio and Oregon). We present the results in Figure 3.

Recall that QUICstep causes an increase in latency during a QUIC handshake due to two reasons: first, all handshake packets go through an encrypted tunnel via a VPN proxy, and second, path validation occurs after the connection migration. However, we expect this additional latency to be amortized because the rest of the QUIC session continues directly between the client and the server. The amortized effect is captured in Figure 3 — we can see that under all cases the CDF of latency for OUICstep closely follows that of a low latency link, while conversely, the CDF of a high latency tunnel is noticeably shifted to the right of both the QUICstep connection and low latency link CDFs. This shows that tunneling all network traffic through an encrypted tunnel incurs significantly more latency than QUICstep. The benefits of amortizing the additional latency in OUICstep are especially advantageous when the latency of the encrypted tunnel is higher, as seen in subfigures 3b and 3d where the location of the proxy is varied.

The latency advantage of QUICstep over a proxied connection is clearer as QUICstep allows the client to communicate directly with the server in Virginia over native QUIC after completing the handshake, as opposed to sending all traffic through the proxy. In practice, it may not always be the case that the client communicates with a geographically close server since CDNs and load balancers will choose web servers close to the proxy node. However, by design, QUICstep will still perform faster than a fully proxied connection.

5 Discussion

QUICstep presents a promising direction for censorship circumvention in a QUIC-first world. In this section, we discuss additional barriers and challenges to large-scale deployment and efficacy of this technique, and propose a roadmap of future work to get there.

5.1 Deployment challenges

The success of QUICstep in the future depends not only on the ongoing deployment and popularity of QUIC, but var-



Figure 3: The CDFs for the latency of 250 HTTP/3 GET requests for a 1 MB or 10 MB file using QUICstep, a censorshipvulnerable low latency link, and a secure yet high latency tunnel. The Wireguard proxy is varied between two locations, Ohio and Oregon. We can see QUICstep has minimal additional latency when compared to a native network connection while conducting the entire request through a proxy incurs much more latency.

ious other factors that come into play when deploying the technique in practice.

5.1.1 Observability of QUICstep

Although QUICstep usage is theoretically indistinguishable from a regular connection migration, in practice connection migrations due to network changes may be quite rare. As such, this technique is less fingerprintable than other similar proposals [34], but certain network patterns may be correlated to the frequent usage of QUICstep.

To be specific, when using QUICstep, a native QUIC connection is divided into two sub-connections: handshake and non-handshake. To detect QUICstep, DPI may need to correlate network traffic related to these two sub-connections via timing attacks, which can require a large amount of state. Alternatively, a DPI middlebox could block all connections that look like they were migrated (where the associated connection ID was not observed in a handshake), but this would cause false positives for regular clients experiencing a regular network change. An additional complication is that connection can change connection IDs independent of connection migrations as well. Therefore, several intriguing research questions arise: Can current real-world DPIs handle mobile network protocols? Can DPIs be designed to handle and control network-mobile clients efficiently? We leave these as future work.

5.1.2 Broad QUIC protocol blocking and monitoring

Researchers have observed that the QUIC protocol is blocked altogether in many regions [25]. We believe this is due to the fact that most deployed network middleboxes do not yet have the capability to decipher or manage QUIC connections, and rely on TCP-based metadata in order to enact network controls. In the context of QUIC, we can consider this a widespread downgrade attack as it forces websites to utilize TCP rather than QUIC. Many DPI middleboxes are also in the midst of developing support for QUIC connection management [36–38]. As QUIC protocols like HTTP/3 become increasingly widespread and network management tooling adapts to the new QUIC paradigms, we identify a need for a non-downgradable protocol upgrade to QUIC. This way, the collateral damage of blocking all QUIC connections to grow to disincentivize networks from widespread protocol blocking in the future.

Further work investigating the current state of QUIC censorship and its methods in various countries is necessary and will also inform the development and deployment of censorshipresilient networking tools in the age of QUIC. Evaluating our design against real-world QUIC censors to evaluate its efficacy is also an area of future work.

5.1.3 Understanding QUIC connection migration support in the wild

QUICstep requires that both the client and server communicate using QUIC. This limits the applicability of our censorship circumvention scheme to web clients that support QUIC as well as web domains hosted on servers that support QUIC. We measured the QUIC support of the Top 100 K domains from each of the Alexa [39], Majestic [40], and Cisco Umbrella [41] domain lists in February 2023 using the scanner developed by Smith et al. [42]. Out of 244,196 domains, 41,986 (17.2%) advertised QUIC support. We believe that this limitation will become less of a problem as time goes on due to the recent standardization of QUIC.

We do acknowledge that the continued growth and adoption of QUIC across the web does not necessarily mean the expansion of support for connection migration. Though connection migration is defined in the QUIC RFC, various implementations do not yet fully support this feature. Additionally, there is a potential issue with cross-compatibility or interoperability between connection migration capabilities offered by different QUIC libraries. We would like to point out that, based on our preliminary observation, the QUIC disable_active_migration transport parameter is not a reliable way to identify connection migration support. It only tells if a website does not support active connection migration (migration explicitly initiated by the client), but websites that do not support active connection migration may still support passive connective migration (migration triggered by a network change that the client is not aware of, such as NAT rebindings). Besides, not all QUIC websites advertise this parameter. We are currently working on measuring QUIC connection migration support across various clients and websites.

5.2 Other QUICstep-like systems

QUIC step defers connection state management to the default QUIC stacks of the client and server, for simplicity of deployment and practicality. If we generalize this system, a trusted provider of censorship-resilient communications (for instance, a trusted VPN or Tor) located outside the censored network could be responsible for maintaining a database of active QUIC connection IDs and session keys to commonly censored websites. Then, a modified QUIC client could "migrate" connections from this store. In QUICstep, the connection ID and session keys are communicated through the default handshake via an encrypted proxy; in this hypothetical system, connection IDs can be communicated via any other channel.

We may also be able to leverage QUICstep-like techniques to subvert other network controls that are not implemented at the network layer. For instance, geoblocking can be implemented at the application-layer. It may be interesting to evaluate the use case for QUICstep for evading geoblocking, particularly for access to high-bandwidth applications or resources.

Decoy routing applications. Researchers have proposed various uses of TLS session resumption as a covert channel for decoy routing [32, 33]. A similar use of connection migration, via sharing connection IDs and session keys, could be feasible. There has yet to be significant research in the benefits of QUIC to decoy routing applications.

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